

Forest Park Jr-Sr High School

Menu for September 14-18

**Monday:**

**Breakfast:** Breakfast pastry, fruit, juice, milk

**Lunch:** Chicken strips or hamburger

Corn, chips, mixed berry cups, fresh fruit

**Tuesday:**

**Breakfast:** Breakfast bacon scramble pizza, fruit, juice, milk

**Lunch:** Taco w/ chips or hamburger

Lettuce, shredded cheese, refried beans, fresh fruit, juice

**Wednesday:**

**Breakfast:** French toast stix with sausage, fruit, juice, milk

**Lunch:** Ham and cheese Calzone or Mini corn dog

Green beans, fresh vegetables, cinnamon apples, juice or fruit

**Thursday:**

**Breakfast:** Breakfast Taco, fruit, juice, milk

**Lunch:** Cheese burger or hamburger

French fries, carrot sticks, fruit cocktail, fruit

**Friday:**

**Breakfast:** Biscuit egg omelet, fruit, juice, milk

**Lunch:** Pepperoni breadstick or hamburger

Fresh vegetables, marinara sauce, diced peaches, fruit or juice