

Pine Ridge Elementary

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We would like to have all parents participate in **parent teacher conferences** this year. Teachers sent sign up sheets to parents last week. Teachers will be sharing academic and behavioral topics and giving ideas of what you can do at home to reinforce what students are learning at school.

Community members can **nominate outstanding educators** in grades K-12 for the McDonald's Teach it Forward Outstanding Educator Awards. The award will honor educators who exhibit the ultimate dedication to their students and contribute to the improvement of education in our most challenging times. Nominations will be accepted online through October 16 at <http://www.surveymonkey.com/r/teachitforward2>.

Reminder that the Dubois County Health Department will be at Forest Park High School Wednesday, October 7th from 3pm-6pm for a **flu vaccine clinic**. This is open to all students and their families within the Southeast Dubois County School Corp. It is NOT mandatory for your student to have a flu shot. If you would like to participate in the flu vaccine clinic, please fill out the form Nurse Schroering sent out along with a copy of your insurance card and send it to Kellie Schroering with your student or email it to her at kellie.schroering@sedubois.k12.in.us.

Cinnamon rolls will be sold by our PTO later in October. We will send a flyer home in the next few weeks.

Take on the monthly **UPGRADE Challenge** to improve your health and well-being. It is a great way to start a conversation with you child and make long lasting life choices.

If your child is dropped off after 8:00 a.m., we must have an adult come in with them and sign them in. Please do not drop them off at the front door and leave. It is very important that an adult brings your child into school so we can mark them as being here and ensure they get where they need to be.

Download the **Box Top app** to earn cash for our school. We appreciate your help collecting Box Tops and scanning receipts. Those little squares can raise thousands of dollars for our school. A great way to help would be to ask a neighbor or a family member to help collect. Please send them to school trimmed and in bags of 50. The app is an easy way to collect Box Tops.



Today is the last day to pay school balances online with **no service charge**. After today a \$5 charge will be added to an online book fee payment and \$2 for a lunch payment. A check can be sent to school to avoid additional online charges.

Breakfast is available to all students at all grade levels. Breakfast provides a great start to the school day and has been proven to provide many benefits including increased academic performance and attention, improved test scores and fewer absences.

As of Monday, September 28th, student meal accounts were credited for all reimbursable meals that have been purchased by students since August 12, 2020. The USDA meal waiver for the free reimbursable meals is scheduled to continue until December 31, 2020 or until the USDA funds for this waiver are depleted.

Meals offered by the National School Lunch Program are made up of five components, which include Fruits, Vegetables, Protein, Grains, and Dairy. Taking a serving of all five of the food components is encouraged. Students do not have to take everything offered to them each day because of the "Offer Versus Serve" (OVS) concept. It allows students to decline some of the food offered in a reimbursable lunch or breakfast. Students do not need to select all five food components, but they will select at least three. One of the food components selected must be a 1/2 cup of fruits or vegetables.

Upcoming events

October 9: **Fire Prevention Program**- Outdoors following COVID guidelines and procedures.

October 9: **End of the First Grading Period**

October: **Parent - Teacher Conferences: Phone or online**

October 19-23: **Fall Break**

Picture Retakes will be in November- Students are expected to bring back pictures.

