

MAY 2022

Daily 7:30-8:00

Forest Park Jr/Sr High School

	Monday	Tuesday	Wednesday	Thursday	Friday
	Assorted Muffin or Cereal 2	Pancakes w/syrup 3	Plain or Blueberry Bagel 4	Egg & Cheese Biscuit 5	Cinnamon Roll 6
	Yogurt	Fresh Fruit	w/cream cheese	Hashbrown	Yogurt
	Fruit	Juice	Fruit	Fruit	Fruit
	Juice	Milk	Milk	Juice	Juice
				Milk	Milk
	Muffin Top 9	Breakfast Pizza 10	Assorted Cereal or Muffin 1	Mini Blueberry Waffles 12	Warm Cinnamon 13
V	Yogurt	Fresh Fruit	Yogurt	w/syrup	Oatmeal Round
	Fruit	Juice	Fruit	Fruit	Fresh Fruit
	Juice	Milk	Juice	Juice	Juice
	Milk		Milk	Milk	Milk
	Assorted Muffin or Cereal 6	Sausage, Egg, Cheese Biscuit 7	MANAGERS CHOICE 18	Fruit & Yogurt Parfait 19	Cinni Mini or Apple Frudel 20
	Yogurt	Fresh Fruit	WAR WIGHTS CHOICE	w/granola cup or granola bar	Yogurt
	Fruit	Juice		Juice	Fruit
	Juice	Milk		Milk	Milk
	Apple Cinnamon Churro 23	24	25	26	27
	or Assorted Cereal	MANAGERS CHOICE	MANAGER'S CHOICE	O	Occupant of Social
	Yogurt, Fruit	White discrete	min urging grierer	Summer Break	Summer Break
	Juice Milk		Last day of School		
			Eddi day or Colloci		
Y	30	31			
	Summer Break	Summer Break			
				10.	

Due to shortages in supply, menus are subject to change with little to no notice